

Friendship News

Volume 2

February 2009

Issue 2

A Good Place to Be

I saw something happen at our church not long ago that made me smile. After the worship service ended one Sunday morning, many people hung around and chatted with each other for quite a while. Instead of rushing out to get to their cars and get to the restaurant or to the roast in the oven, people engaged in conversations, laughed, embraced, and shared life. There was a spirit in the air of fellowship and Christian love. Wonderful!

It was also a day when we had newcomers to our church. And many folk extended a hospitable welcome to them, demonstrating that Berea Friendship is, indeed, a friendly place. We know, of course, that one of the best witnesses we can offer of our Christian faith by the way we encounter one another as we gather for worship week by week. People can sense the kind of “spirit” that is present in a church when they come to visit. Some churches appear cold, standoffish, and unconcerned. Others appear friendly, but only toward certain people, like those on the inside.

Other churches, however, remember the teaching from the New Testament: “Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it” (Hebrews 12:2). We greet warmly those who come to join us in worship on Sunday be they regulars or first-time visitors for we know that God has given us a beautiful place for worship and invited us to practice the kind of welcome toward others that God has practiced toward us.

I left our building that Sunday morning with a couple of thoughts. First, I was thankful to God for the gift of the church where I have been invited to share in the work of God that seeks to offer the love of Christ for the whole world. Second, I was thankful to God for Berea Friendship Church and the welcoming spirit that is present here when we gather on Sundays.

So I hope to see you in worship throughout the month of February. This is a great place to be to experience and share the hospitality and love of both God and God’s people.

Peace be with you,
Pastor Keith

Read the Bible Through in 2009
Chorological

Happy Birthday



February 01 Jack Wingate
Lloyd Turner
February 03 Rebecca Ray
February 04 David Enter
February 05 Terry Bikas
February 06 Jane Walker
February 07 James Ferrer
Kenneth Tucker
February 11 Justin Bayne
February 12 Junior Neal
February 14 Charles Myers
February 16 Patti Enter
February 17 Doris Williams
February 20 Georgiana Dougherty
February 25 Joanne Hagberg
February 26 Jessica Martin
Pastor Keith Ray
February 28 Natalie Brown
Alyssa Dosser
Summer Rawson

Happy Anniversary

February 03 Jim & Barbara Durham
February 12 Shanna & Wilson Creswell
February 14 Terry & George Bikas
February 17 Carol & Stanley Dunn
February 27 April & Andy Gray



Daily Bible Reading for February

Feb 01: Gen 1-3
Feb 02: Gen 4-7
Feb 03: Gen 8-11
Feb 04: Job 1-5
Feb 05: Job 6-9
Feb 06: Job 10-13
Feb 07: Job 14-16
Feb 08: Job 17-20
Feb 09: Job 21-23
Feb 10: Job 24-28
Feb 11: Job 29-31
Feb 12: Job 32-24
Feb 13: Job 35-37
Feb 14: Job 38-39
Feb 15: Job 40-42
Feb 16: Gen 12-15
Feb 17: Gen 16-18
Feb 18: Gen 19-21
Feb 19: Gen 22-24
Feb 20: Gen 25-26
Feb 21: Gen 27-29
Feb 22: Gen 30-31
Feb 23: Gen 32-34
Feb 24: Gen 35-37
Feb 25: Gen 38-40
Feb 26: Gen 40-42
Feb 27: Gen 43-45
Feb 28: Gen 46-47





THE UNITED METHODIST WOMEN

Welcome to a new year. I hope all the ladies are ready for a new and exciting year. We have a lot of events planned for the year.

The Shalom Circle will continue with their book study "A Martha Heart in a Mary World". The Shalom Circle meets the 3rd Wednesday of the month from 6:30 -7:30 P.M. in the Ruth Bible Class. We would love to have you join us. Our next meeting will be Wednesday, February 18th.

The Morning Circle meets on the third Tuesday of the month at 10:00 A.M. in the quilter's room. Their next meeting will be Tuesday, February 17th. Martha McWhite will have the Devotion. Our project for the month will be a collection to Wallace Life Center.

Thank you morning circle for the socks you collected for the Triune Mercy Center, at their December meeting.

The UMW presented Kathleen Griffin, with a Special Recognition Pen during the church service on January 11, 2008. We appreciate Kathleen's dedication and service to UMW since joining our church in 1975.

The executive board of the UMW will meet on Wednesday, February 4, 2008 at 6:30 P.M. in the Ruth Bible Class. We will be planning our events for the year.

Don't forget the UMW has flavoring and stainless steel cutlery for sale. If you need some please contact Pat Teat or Anne-Marie Failor.

Keep an eye out for our upcoming events.



Third Sunday Covered Dish

Join us for our regular Third Sunday Covered Dish Dinner On February 15—with a little something extra! After dinner is finished and everyone is enjoying coffee and dessert, we're going to break out Bingo! This should be a fun way for everyone to enjoy the Sunday afternoon fellowship a little longer—just what we need for a winter afternoon. We'd like for everyone to bring a little gift (nothing expensive—just pick something up from the dollar store), so that we can reward the winners. Consider the possibilities of other games that everyone could enjoy on future get-togethers: Trivial Pursuit, Scrabble, Apples-to-Apples, Twister? We are looking forward to a great crowd and a lot of fun.

- The Family Ministries Committee



The Church Council

Chairperson – Dr. John Disher

Vice Chairperson –

Recording Secretary – Becky Philpot

Pastor – Dr. Keith Ray

Lay Leader – Ellen Holman

Lay Member to the Annual Conference – Marsha Disher

Alternate Lay Member to the Annual Conference – Terri McCloud

Chairperson of Pastor Parish Relations Committee – Janet Stone

Chairperson of Finance – Jim Rawson

Chairperson of Outreach and Mission – Lisa Nichols

Health and Welfare – Jan Smith

Higher Education and Campus Ministry – James Ferrer

Evangelism – Bill Teat

Communications Coordinator – Debbie Capps

Chairperson of Worship – Bobbie Bogan

Chairperson of Education – Jayne Ferrer

Youth Coordinator – Patti Taylor

Family Coordinator – Terri McCloud

Older Adult Coordinator – Blanche Creswell

Church Historian – Becky Philpot

Superintendent of Sunday School – Andy Vaughn

Chairperson of Trustees – Tom Smith

President of United Methodist Women – Vickie Failor

President of United Methodist Youth Fellowship – Jeffrey Gould

Bereavement - Susan Baird

BFUMC Child Development Center Board Chairperson – Lucy Hughes

At large members:

Class of 2009:

Willie Nalley, Nancy Neal, Jim Humphreys, Adam McCloud

Class of 2010:

Buddy Stover, Bobby Taylor

Class of 2011:

Gloria Moore, Carol Presnell

Administrative Committees

Committee on Lay Leadership

Pastor, Chairperson

Class of 2009: Ellen Holman, Jan Smith, Matt Greer

Class of 2010: Bobbie Bogan, Adam McCloud, Margaret Rawson

Class of 2011: Renee Zorn, Henry Philpot, Ron Failor

Pastor-Parish Relations Committee

Class of 2009: Janet Stone (chair), Tony Earnest, Lloyd Turner

Class of 2010: Lucy Hughes, Jayne Ferrer, Henry Philpot

Class of 2011: Patti Bowers (vice chair), Bob Helms, Jim Rawson

Lay Member to Annual Conference: Terri McCloud

Lay Leader: Ellen Holman

Board of Trustees

Class of 2009: Laura Gould, Ronnie Hunter, Patti Taylor

Class of 2010: Debbie Capps, Allen Zorn (vice chair), Bobby Taylor

Class of 2011: Jim Humphreys, Becky Philpot, Tom Smith (chair)

Committee on Finance

Jim Rawson, Chairperson

Tom Smith, Chair of Trustees

John Disher, Chair of Church Council

Pastor

Ellen Holman, Lay Leader

Marsha Disher, Lay Member to AC

Terri McCloud, Alternate Lay Member to AC

At large: Eugene Bondurant (2009), Tony Earnest (2010), John Paxton (2011)

Nonvoting staff members: Pat Teat, Marsha Disher

Church Staff

*Pastor – Rev. Dr. Keith D. Ray II
*Music Director – William Sherrill
Organist – Sibyl Thomas
*Youth Director – Matt Greer
*Membership and Financial Secretary – Pat Teat
*Treasurer – Marsha Disher
Administrative Assistant – Debbie Capps

* - designates staff member as part of Church Council.

Work Area Ministries

Nurture Ministries

Family Ministries – Terri McCloud (chairperson)
Worship – Bobbie Bogan
Lay Leader – Ellen Holman
Music – William Sherrill

Worship Committee – Bobbie Bogan (chairperson), William Sherrill, Pastor,
Ron Hunter (head usher)

Outreach Ministries

Lisa Nichols (chairperson)
Bereavement – Susan Baird
Lay Leader – Ellen Holman
Health and Welfare – Jan Smith
Evangelism – Bill Teat
Jayne Ferrer
Becky Philpot
Janet Stone

Child Development Center Committee

Lucy Hughes, Chairperson
Pastor
Shannon Newbill, Director
Tom Smith, Trustees

Our Church Family

Congratulations to **Kathleen Griffin** who received the UMW pin for being a loyal and dedicated member of this women's group since 1975.

Welcome to Our New Member We are so glad to have **Betty Bridges** as a new member. Betty made the commitment to join us on January 4, 2009. She came to us from Woodside UMC. Betty and her husband, Robert live at 806 Saluda Lake Rd., Greenville, SC, 29611, phone no. 246-9903. Betty is a nurse at Greenville Memorial Hospital.

We are so glad to welcome into God's family with love **Claire Rebecca Philpot**, who was Christened on January 4, 2009. Claire wore the christening dress originally worn by her Aunt Liz Philpot in 1966. It was later worn by Claire's father, Joe, in 1968, and Claire's sister, Haleigh, in 2004. All who were baptized at Berea Friendship UMC. The dress was hand-made and embroidered by Claire's great grandmother, **Martha Smith**. Claire's parents are **Heather and Joe Philpot** and the proud grandparents are **Steve & Cindy Hester** and **Henry & Becky Philpot**. Her proud big sister is **Haleigh Philpot**.

Change of Address

Jackie Looper 25 Bent Ridge Road Columbia, SC 29223-6004	Adam McCloud 200 Country Club Lane Apt. 23-E Anderson, SC 29625
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Pamela Kay Moorehead 221 Groce Road Greenville, SC 29617-6713	Glenn Wells 113 Oakcrest Apts. Little Texas Road Travelers Rest, SC 29690
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Please Remember Our Family who need Prayer and others we do not know about

Keep in prayer the following:

Ruth Brock	Benson & Martha McWhite
Edith Bynum	Nick & Dot Nichols
Carl Bynum	Rachel Palmer
Louise Davenport	Claire Philpot
Shirley Dickson	Joe Philpot
Georgiana Dougherty	Margie Philpot
Mary Childs	Margaret Rivers
Katrina Earnest Collins	Juanita Sherlin
Hilda Hagins	Jerry Smith
Lucy Hughes	Martha Smith
Doris Hunt	Helen Stebbins
Jewell Hunt	Doris Williams
J.H. & Vera Hunt	Jack & Libby Wingate
Connie LaParl	Helen Yockey
Louvina Leach	Jan Vaughan
Eunice Looper	Walter & Gwen Vaughan



Thank You

Thank you so much for the monetary Christmas gift from the congregation. Also, the other gifts and cards I received were appreciated. I continue to be blessed with the opportunity of being a member of the Staff of our church. My wish for all of you is that the year 2009 will be filled with God's many blessings.

Love in Christ,

Pat

To the members of the congregation
Many thanks for the bonus and the opportunity to serve at Berea Friendship UMC. It is a distinct honor for me, and I look forward with you to a wonderful New Year.

Bill Sherrill

To the members of Berea Friendship UMC
I want to thank the congregation for the cards, money, and other gifts that you so graciously gave me during Christmas. I am honored to serve you and to have such a loving group of people to work with. Thank you all for your love and support and have a blessed New Year ahead.

In Christian Love,
Debbie Capps

To the congregation of Berea Friendship UMC
Thank all of you so much for the cards, prayers, calls, and visits you so lovingly gave me during my surgery. It means so much to have such caring friends. Thanks for remembering me.

Helen Stebbins

To the members of Berea Friendship UMC
A special Thank You for the cards, prayers, calls and meals during my surgery and recovery. I'm getting better each day, but still have some healing to go. It means a lot to have such a caring group of friends.

Ronald Failor

To the Congregation

Thank you so much for the cards, prayers, and calls during J.H.'s stay in the hospital. It means so much to have such a caring group of friends. J.H. and I would also like to thank you for the cards you sent during our 60th Wedding Anniversary. Your thoughts and caring gestures mean so much to us.




J.H. & Vera Hunt

Thank you so much for the cards, calls and prayers during my illness. Please keep me in your prayers. In Christian Love, Jan Vaughan

The CDC would like to thank Martha Smith for the kind donation to our center. She is always so generous to our children and we appreciate her so much. We wish her the very best in health & blessings throughout the year. Shannon




February 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 <i>Sunday School 9:30</i> <i>Worship 10:30</i> <i>Communion</i> Youth "Souper" Bowl Collection for United Ministries <i>Youth meet 5:30-6:30</i></p> 	2	3 <i>Quilters 10:00</i>	4 <i>Bible Study 4:30</i> <i>WNS 5:30</i> <i>Executive Board</i> <i>UMW at 6:30</i> <i>Trustee Meeting 6:30</i> <i>Youth 6:15</i> <i>Choir 7:30</i>	5 <i>Quilters 10:00</i>	6 Wear Red day to support heart health 	7
8 <i>Youth Breakfast 8:30</i> <i>Sunday School 9:30</i> <i>Worship 10:30</i> <i>Youth 5:30-6:30</i>	9	10 <i>Quilters 10:00</i>	11 <i>Bible Study 4:30</i> <i>WNS 5:30</i> <i>Youth 6:15</i> <i>Administrative Council 6:30</i> <i>Choir 7:30</i>	12 <i>Quilters 10:00</i>	13	14 Happy Valentines Day !!! 
15 <i>Sunday School 9:30</i> <i>Worship 10:30</i> <i>Covered Dish Lunch following the service</i> <i>Youth meet 5:30-6:30</i>	16	17 <i>Morning Circle 10:00</i> <i>Quilters following Circle</i>	18 <i>Bible Study 4:30</i> <i>WNS 5:30</i> <i>Shalom Circle 6:30</i> <i>Youth 6:15</i> <i>Choir 7:30</i>	19 <i>Quilters 10:00</i>	20	21
22 <i>Sunday School 9:30</i> <i>Worship 10:30</i> <i>Youth 5:30-6:30</i>	23	24 <i>Quilters 10:00</i>	25 <i>Bible Study 4:30</i> <i>WNS 5:30</i> <i>Youth 6:15</i> <i>Book Club 6:30</i> <i>Choir 7:30</i>	26 <i>Inspiration Group 11:30</i> <i>Pastor Keith Ray will be our speaker</i>	27	28



February 2009 EVENTS

- February 1 Communion
 Youth is collecting soup for United Ministries (bin located in the back of the sanctuary).
 Youth meet 5:30-6:30
- February 3 Quilters 10:00 in Quilters Room
 February 4 Bible Study 4:30 in Huckaby Class
 WNS 5:30
 Executive Board Meeting UMW 6:30
 Youth 6:15
 Choir 7:30
- February 5 Quilters 10:00 am in the Quilters Room
 February 6 Wear Red Day to support heart health
 February 8 Youth Breakfast 8:30 in the FH
 Youth 5:30-6:30
- February 10 Quilters 10:00 am in the Quilters Room
 February 11 Bible Study 4:30
 Wednesday night supper 5:30
 Church Council 6:30
 Youth 6:15
 Choir 7:30
- February 12 Quilters 10:00 in the Quilters Room
 February 15 Covered Dish Lunch after service in FH
 Youth meet 5:30-6:30
- February 17 Morning Circle meets at 10:00
 February 18 Bible Study 4:30
 Wednesday night supper 5:30
 Shalom Circle meet at 6:30 in RBC
 Youth at 6:15
 Choir 7:30
- February 22 Youth 5:30-6:30
 February 24 Quilters meet at 10:00 in Quilt Room
 February 25 Bible Study at 4:30
 Wednesday night supper 5:30
 Book Club 6:30
- February 26 Inspiration Group meets at 11:30
 Pastor Keith Ray will be our speaker and we will have a covered dish lunch.

INSPIRATION GROUP

February 26 Pastor Keith Ray will speak for the Inspiration Group at 11:30 a.m. in the Fellowship Hall. We will have a covered dish lunch.

United Methodist Women's Executive Board Meeting

The Executive Board will meet on February 4, 2009, at 6:30 pm in the Ruth Bible Class.

Trustee Meeting The trustee's will meet on Wednesday, February 4th, at 6:30 in the Huckaby Class. Please plan to attend this meeting.

Wednesday Night Suppers

Join us for food & fellowship every Wednesday Night beginning at 5:30 pm. Dinners are a great value at \$6.00 for adults and \$4.00 for kids and also available for take out. All meals include meat, vegetables, bread, dessert, and beverage.



Super Bowl Soup Collection



The Youth will be collecting soup on February 1st, for the "Souper" bowl. A collection bin is located in the back of the sanctuary. The soup will be given to United Ministries.

Youth Breakfast

Come support our youth on February 8, 2009 for breakfast. They always prepare a wonderful meal and its great before joining everyone at Sunday School at 9:30 am.



Church Council

The Church Council will meet on February 11, at 6:30 p.m. in the Ruth Bible Class. If you cannot attend, and need to have something on the agenda, please email your report to the office.

Shalom Circle

The Shalom Circle will meet on February 18, 2009, at 6:30 pm in the Ruth Bible Class. We are reading the book "Having a Mary Heart in a Martha World."

Bible Study

Please join us every Wednesday night for a time together with our friends to study the Bible. Bob Helms leads us in learning more about God's Word. The Bible study starts at 4:30 pm. For questions, please call Bob Helms at 295-2973.



Health And Welfare

The Importance of Good Nutrition

Poor nutritional habits adopted in childhood may be difficult to change later in life, leaving children and teens at an increased risk of becoming overweight adults and developing related diseases including cardiovascular disease, type 2 diabetes, stroke, and some types of cancer. Good nutrition requires smart choices at the grocery store and at home. For good health, a diet high in snack foods, fast foods, and sodas should be replaced with a diet high in fruits and vegetables and whole grains to promote healthy growth and development. According to the American Academy of Pediatrics, a variety of foods provide the nutrients that children need to build strong bodies, stay healthy, and supply the energy that they need to grow normally and learn. Parents can teach children healthy eating and physical activity habits that will improve their health in both the short and long term.

- If your child or teenager does not care for conventional breakfast foods such as cereal and toast, encourage him or her to eat other foods for breakfast, such as whole-wheat spaghetti or chicken.
- For a healthy and fun breakfast, dip a banana in yogurt, roll it in cereal, and freeze it, or blend skim milk, fruit, and ice into a shake.
- When possible, include your child in his or her lunch preparation.
- For a low-fat source of calcium, add skim milk or yogurt to lunch. Try plain, non-fat yogurt mixed with raisins or your child's favorite low-fat cereal.
- For a young child, create out of the ordinary sandwich shapes by using cookie cutters.
- At snack time, serve peanut butter on whole wheat crackers or apple slices instead of cookies, brownies, or chips.
- Add lettuce tomato cucumber, and red and green pepper slice to sandwiches.
- Keep healthy foods available at home. Replace chips, candy, and cookies with fresh fruit and pre-cut, raw vegetables. Keep them in an accessible place that your child can reach.
- Replace sodas and other sugary drinks with fat-free milk, water, or vegetable or fruit juice.
- Serve fresh fruit for dessert.

Healthy Substitutions

One way to cut fat, saturated fat, and cholesterol is to substitute one item for another. Consider the following suggestions.

Instead of:

Choose:

Donut or Danish	whole-grain bagel or English muffin
Potato chips	pretzels
French fries	baked potato
Creamy Cole slaw	raw or cooked vegetables
Pies or desserts with fruit	fresh fruit, dried fruit
Ice-cream	low-fat yogurt
Chicken fingers	baked chicken or fish

It is important to note that restricting a child's eating too much may harm growth and development, or encourage undesirable eating behaviors, according to the American Academy of Pediatrics.



Menu for Wednesday Night Supper

February 4

Beef Tips with Rice
 Italian Green Beans
 Slaw, Rolls, Tangy Fruit
 Tea, Coffee, Water

February 11

Marinated Chicken
 Rice and Gravy
 Broccoli Casserole, Rolls,
 Red Velvet Cake
 Tea, Coffee, Water

February 18

Baked Spaghetti,
 Tossed Salad, French Bread
 Lemon Pie
 Tea, Coffee, Water

February 25

BBQ Chicken
 Baked Beans, Scalloped Potatoes
 Rolls, Chocolate Cake
 Tea, Coffee, Water

Financial News

Expenses for \$33,451.14
 Expenses \$226,024.67
Average attendance for January
 S.S. — 56 Worship — 127
Financial Report for
 Needed for Budget \$18,928.92
 Received for Budget \$14,709.60



Those Who Serve in February

Stewardship - Pat Teat
Trustee of the Month - Tom Smith
Altar Guild Laura Gould



Nursery For February

February 01 Lucy Hughes
 February 08 Tony & Carolyn Earnest
 February 15
 February 22 Becky & Henry Philpot

Acolytes for February

February 01 Kevin Baker
 February 08 Anne-Marie Failor
 February 15 Denise McCloud
 February 22 Monroe Stone

February Ushers

February 01 Gene Bondurant, Steve Capps
 Corky Holman, Ronnie Hunter
 February 08 Eddie Hughes, Jim Humphreys,
 Ronnie Hunter, Corky Holman
 February 15 Steve Capps, Tony Earnest,
 Corky Holman, Ronnie Hunter
 February 22 Steve Capps, Wilson Creswell,
 Ronald Failor, Ronnie Hunter

Flowers in February

February 01
 February 08
 February 15
 February 22

NOTE: If you would like to sign up for the flowers we have a calendar posted outside the Huckaby Class.

BEREA FRIENDSHIP UNITED METHODIST CHURCH

8001 White Horse Road
 Greenville, SC 29617
 Return Service Requested

**Non-Profit Org.
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 29690**

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